CATHOLIC DIOCESE OF NAKURU

Working with diverse underserved communities

by

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Introduction..... (Development/ Caritas Office)

- In February 1972 a baseline survey was conducted diocese
- **Aim**
  - to ascertain the *pastoral, social, educational, medical* and *development needs* of the diocese.
  - to identify the *areas in which the Church could initiate interventions*, in order to *complement the government’s effort* of eradicating *poverty, hunger and illiteracy*.
- The recommendations led to the establishment of the Diocesan Planning and Development Office / Caritas Office in **November 1973**
Introduction….. (Development/Caritas Office)

- The Caritas Office is a focal and strategic unit in the overall implementation of the Diocesan Objectives, aimed at fulfilling the **Vision** and **Mission** of the Diocese.

- Currently, the office co-ordinates the activities of 15 additional **Programmes** and provides technical support in project management to 47 **Parishes** and over 60 **diocesan Educational and Health Institutions** in the Counties of **Nakuru** and **Baringo**.
Caritas Office

- These Programmes are clustered into 2 major departments
- **Pastoral Department** (5 Programmes): Lay Apostolate, Catechetical, Vocations, Youth and Communications
- **Development Department**
- **Community Development** (7 Programmes): Water (Drilling, Supply, Quality), Agriculture & Rural Development, Social Welfare, Integrated Programme for the Handicapped (Small Homes), Livelihoods, Gender, Justice and Peace
Caritas Office

- **Institution Development** (3 Programmes): Education, Health and Technical Training
- The main categories of CDN institutions are **Nursery (27)**, **Primary (156)**, **Secondary (82)** schools and **Tertiary college (1)** (church private and church sponsored) and **Health facilities (21)**
- **Economic Support projects (IGAs)**
Objectives Of Caritas Nakuru........

1) Facilitate the development of Diocesan strategic plans and budgets, and ensure continuity and sustainability of development activities within the Diocese.

2) Facilitate planning, leadership, coordination, monitoring and evaluation of all Diocesan projects. Develop and maintain effective monitoring and evaluation mechanisms.
Objectives Of Caritas Nakuru....Ctd..

3) Identify, develop and enhance **strong** and **effective linkages** with communities, development partners, Parishes, Government and other Faith and CBOs.

4) **Assess the impact** of the Development Programme towards meeting Diocesan objectives and community development.
Our Community Development Strategy

- Community Led Development - Bottom up approach
- A participatory approach in the needs assessment is used and the target community is also involved in the development of the relevant development interventions
- This approach helps in creating relevance, ownership and sustainability of the projects by the target communities
1. Social Welfare Programme

- **Objective:** To improve the quality of life of the marginalised and vulnerable groups, through active participation in sustainable development activities.

- **Activities**
  - Rehabilitation of street children/street families, Women of Destiny (Commercial Sex Workers) and ex-prisoners
  - Educational support to orphans and other vulnerable children from poor families- (OVCS).
  - Resettlement of Destitute and displaced families
Children from St. Francis Street
Children Rehabilitation Centre
2. Integrated Programme for Handicapped Children (Small Homes Programme)

- **Objective:** To raise the quality of life of children and persons with disability within the community set up and **transform disability into dignity and grace**

- **Activities**
  - **Mobile outreach clinics** and **home based care** for children with severe disability.
  - **Education support** to children in special or integrated schools and **vocational training** for youths with disability
Integrated Programme for Handicapped Children (Small Homes Programme...Ctd.

- **Food and non-food support** to children in the small homes
- Formation of parents’ **support groups**/organizations
- Networking and collaboration
Children from St. John’s Small Home happily display their Christmas cards

Children from St. Anthony Small Home entertain guests during celebration of Day of the African Child
3. Agriculture and Rural Development Programme

• **Objective**: To contribute to the **sustainable livelihoods of the vulnerable rural communities** through promotion of sustainable agriculture and rural development

• **Activities**

  § **Capacity building of farmer groups** on crops, livestock management, post harvest technologies and income generation through their agricultural activities

  § **Natural resources management** - establishing tree nurseries and **spring protection**
Drawing stored grains from a metal silo- A post harvest technology
4. Justice & Peace Commission

**Objective**: To promote people’s development and advance social justice through advocacy in human rights, public participation in governance, peace-building and conflict resolution

**Activities**

- Promotion of *Human Rights* and *legal aid* to vulnerable groups through pro-bono lawyers.
- Peace building and reconciliation
- Public participation in Governance.
Peace dance during a community reconciliation meeting after the Post Election Violence in 2008
5. Water Programme

- The Programme has three sections: - **Water Quality** (Nakuru Defluoridation Company-NDC), **Water Supply** and **Water Drilling**

- **Objective**
  - To improve the living conditions of the people in the rural and urban areas by providing them with safe and clean water for domestic and agricultural use.
**Water Programme**

**Drilling Section**

- **Activities**
  - Facilitation of *groundwater surveys, borehole drilling* and *borehole rehabilitation*.
  - Test pumping and equipping of *boreholes* and *training* community members on *operation and maintenance* of boreholes.
Drilling of a borehole at Kasikeu in Ukambani region.
Water Programme

Water Supply Section

- **Activities**
  - *Survey, planning* and *design* of water projects.
  - *Rainwater harvesting* - roof catchment and ferro-cement tanks construction and pan dams, shallow wells and hand pumps installations
  - Construction of gravity schemes, underground, surface and elevated storage tanks, pumping schemes and spring protection
  - Repairs, renovations, rehabilitation and maintenance of existing water supply structures
Ferro cement water storage tank for a member of a women’s group
Water Programme

Water Quality Section (NDC)

- **Activities**
  - Research and development on defluoridation techniques and **construction and maintenance** of defluoridation filters
  - Chemical and bacteriological **water quality** analysis and testing
  - Awareness creation and training on **water quality** and **fluorosis**
A HAP defluoridation filter installed at Nakuru Hill Special School
6. Men & Women Empowerment Programme (Gender)

- **Objective:** To reduce tolerance and acceptance of Gender Based Violence (GBV) in target communities

- **Activities**
  - Sensitization forums for men and women, boys and girls and traditional and Church leaders on GBV prevention and protection.
  - Educating the communities on Sexual Offences Act and Children Rights
Procession marking the celebration of 16 days of activism against gender based violence at Marigat.
7. Livelihoods Programme

- **Objective**: To contribute towards improvement of livelihoods for drought affected vulnerable pastoral, agro-pastoral and marginal agricultural households.

- **Activities**
  - Provision of relief supplies to drought affected households.
  - Access to reliable and safe water
  - Livelihoods protection and DRR
  - Promotion of hygiene and sanitation practices
  - Promote social inclusion and a culture of non-violence
A Pan Dam in East Pokot

Drawing clean water from the dam
Best Practices in Community Development

- Have adequate skills in Project Cycle Management (Design, Planning, Implementation, Monitoring, Evaluation)

- A participatory approach in the needs assessment is used and the target community is also involved in the development of the relevant interventions

- Work with community leaders – For good entry into community

- Identify key stakeholders and involve them in project implementation- Create Synergy
Best Practices ........ Ctd.

- Create a **clear line of communication** between the beneficiaries, stakeholders and management
- Good **monitoring processes** and feedback mechanisms to **detect problems** early
- Analysis of **major risk factors** and adequate risk response strategies
- **Integrated approach** to development
- **Timely implementation** as per schedule
- Be **accountable/ Report**
- Determine Project **sustainability** mechanisms
Internally as Caritas Office

- Feedback mechanisms through meetings
  - Programme Specific Meetings
  - Quarterly Programme Heads Meetings
  - Cadre of Staff Meetings
  - Joint Staff Meetings every Monday

- Tools for Project Management
  - Needs assessment
  - Project development
  - Monitoring
  - Reporting
Thank You
and
God Bless You

Your questions and comments..............